DECEMBER

Pinellas County Elementary School Lunch Menu





Candy canes were originally invented to keep kids quiet!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich,

Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1 Fruit or Juice. May choose 1 Milk: Skim, Low Fat White,

Fat Free Chocolate. **DAILY LUNCH CHOICES:**

Choose 1: Entrée. Must choose at least 1 Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with lunch meal)

May Choose 1 Milk; Skim, Low Fat White, Fat Free Chocolate.

Also available for lunch daily: Meat or Meatless En-

trée, Entrée Salads, Cold Sandwiches, Hot & Cold

Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

7	Monday	Tuesday	Wednesday	Thursday	Friday
	-3 Eggo Mini Confetti Pancakes	4 Egg & Cheese Croissant	5 Cinnamon Roll	6 Sausage Biscuit or Grits & Sausage	7 Brkfst Bowl (Cheesy Eggs &Tots)
	Choose One: Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Santa Fe Black Beans Fresh Veggie Dippers	Choose One: Featured Entrée: Tortellini with Meat Sauce & Garlic Breadstick Grilled Cheese Sandwich Farmers' or Apple-A-Day Salad PBJ Jamwich Kit Choose: Tomato Soup, Romaine Salad	Choose One: Teriyaki Beef Dippers over Rice or Lo Mein Noodles Chicken Nuggets w/ Dip Cup Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Sliced Cucumbers Steamed Broccoli Florets	Choose One: Breakfast for Lunch Mini Cheese Calzones Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad	Choose One: Pizza Cheesy or Spicy Fish Filet Sandwich Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Corn Niblets Fresh Veggie Dippers
	10 Maple Pancake Minis	11Breakfast Sandwich(Egg/Ham/Chs)	12 Chicken Biscuit	13 Sunshine Omelet Wrap	14 Apple Cinnamon Texas Toast
	Choose One: Hamburger or Cheeseburger Chicken & Broccoli Penne Alfredo w/ Breadstick Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Sliced Carrots Fresh Veggie Dippers	**School Favorites Day** Students Choose the Hot Entrees & Veggies! Entrée Salad: Farmers or Apple-a-Day Sandwich: Jamwich Kit Side Salad: Romaine	Choose One: Chicken Tender Basket w/ Crinkle Oven Fries Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Sliced Cucumbers Spinach or Collard Greens	Choose One: Beef <u>or</u> Pork Tacos Max Cheese Sticks Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Refried Fiesta Beans Leafy Green Side Salad	Choose One: Pizza Teriyaki Chicken Bowl Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Green Beans Fresh Veggie Dippers
ı	17 Pancake Pup	18 Scrambled Egg, Bacon, & Biscuit	19 Glazed Dunker	20 Bacon, Egg & Cheese Pizza	21 Breakfast Chicken Nibbler
:	Choose One: Chicken & Waffle Cheesy Bread Fruit & Yogurt Plate Bologna & Cheese Sandwich Choose: Sweet Green Peas Marinara Cup Fresh Veggie Dippers	Choose One: Featured Entrée: Beef Stroganoff w/Egg Noodles & Roll Corn Dog Farmers' or Apple-A-Day Salad PBJ Jamwich Kit Choose: Baked Beans, Romaine Salad	Choose One: Chicken Drumstick w/ Hush Puppy Pasta with Meatballs & Sauce Yogurt & Fruit Parfait Ham & Cheese Croissant Choose: Steamed Broccoli Florets Sliced Cucumbers	Choose One: Beef Rib B Q Sandwich Cheese Stick & Toasted Ravioli Boat Chef Salad Chicken Caesar Wrap Choose: Marinara Cup Sweet Potato Waffle Fries Leafy Green Side Salad	Choose One: Pizza Wild Alaskan Ocean Treasure Fish Nuggets w/ Roll Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich Choose: Mashed Potatoes Fresh Veggie Dippers
					All menus are subject to change! We do our best to provide our customers with all
		WINTER	R BREAK		of our planned options, howev- er, occasionally weather, crops and supplies have other ideas!



WINTER BREAK

School Resumes Tuesday January 8, 2019

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

(Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.